

SJAM Bukit Nanas Excursion

On the 3rd of August, 30 members of SJAM SJIS set out on an excursion to the nearby Bukit Nanas Forest Reserve. The objective of this excursion was to give the members an opportunity to explore and appreciate the beauty of nature, as well as to break the monotony of the weekly theory classes. The thirty members were accompanied by 2 teachers – Ms Catherine and Mr Anjum, as well as 3 members from the Photography Club.



The first item on the list of places visited was the Canopy Walk. Here, the students put their fear of heights to the test. While the majority of the members got through without breaking much of a sweat, there were several members who struggled to make it through. Initially, these students were left behind (with one person behind acting as a ‘sweeper’ – ensuring no one got lost), but as more people noticed their absence, some of the students ran back to help and encourage them. It was awe-inspiring to witness this show of team spirit: both cadets and recruits worked together to help one another.



Next, they stopped by briefly at the Herb Garden before heading on to the main trail. Here, students learned about the different types of herbs traditionally used to cure certain ailments. Of course, these herbs have no place in a standard first aid kit, but it is useful to know some alternatives.

On the main trail, the students got to learn about the various species that reside in the forest through signs strategically placed along the trail. While there was nothing particularly extravagant about this portion of the trip, it was an excellent opportunity for the members to take in the beautiful scenery (and some fresh air).

As there was some spare time left, the students decided to take another trail which led to the KL tower, where they took a long-awaited rest after nearly 2 hours of walking. From there, the students made their journey back to the school on foot.



All in all, it is safe to say that the members thoroughly enjoyed themselves. Not only did they bring themselves closer to nature; they brought themselves closer to one another.

For more information about KLSJISCCD's activities, head over to their Facebook page at <https://www.facebook.com/KLSJISCCD/>

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